

# Pharmacists' Role in Addressing the Primary Care Shortage

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## Acknowledgement

Brigid Groves, PharmD APhA VP for Professional Affairs



## What's Happening with Primary Care

- Aging population increasing demand
- Insurance reimbursements for primary care are declining
- Medical school enrollment increasing slowly, but...
- Only 25% of graduates choose residency in a primary care specialty
- 25% of physicians will retire by 2033
- Consolidation and vertical integration of the healthcare system
- Geographic imbalance in location of primary care providers (Worsening Rural Access)
- Consumerism



### Pharmacists are Accessible







- w there are 15.1% more pharmacy locations within low-income communities than physician practices, and<sup>3</sup>
- » pharmacy locations offer 95.7% more operating hours than physician practice sites.<sup>4</sup>



### Pharmacists' Clinical Services

These are examples of services provided by pharmacists. There are many others beyond these.



**Immunizations** 



Cardiovascular disease



Infectious disease



Test-andtreat





Tobacco cessation



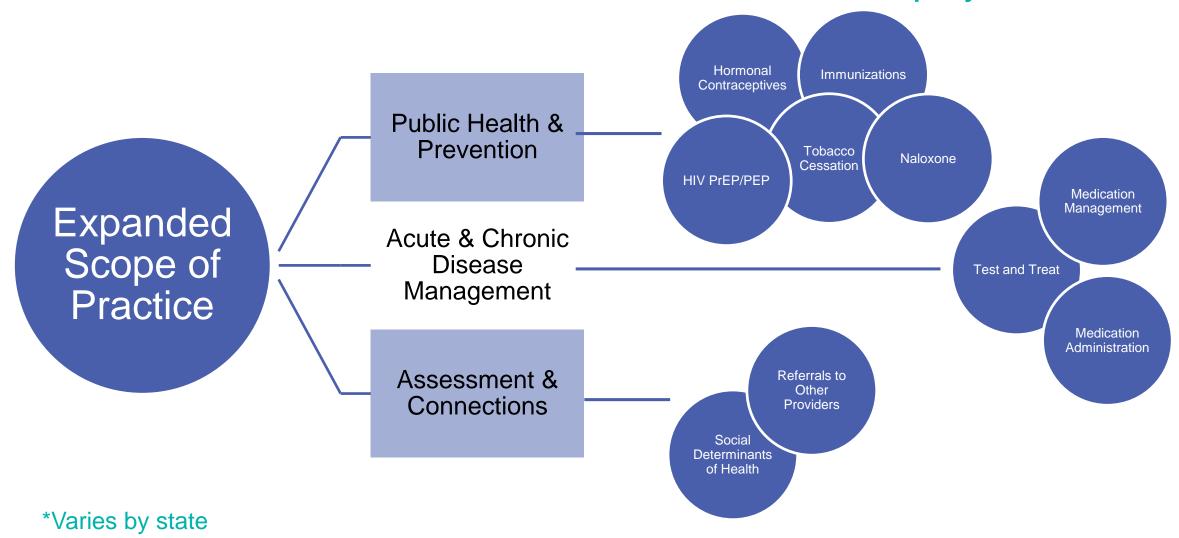
Mental and behavioral health



Research



#### Pharmacist Authorities to Meet Care and Health Equity Needs\*





Pharmacy is the most used benefit...but we continue to make it harder not easier for patients to understand and navigate the system

See pharmacists as a key component of their health care team<sup>4</sup>

~80%

Prescriptions abandoned at the pharmacy

**81M** 

And abandonment rates are tied to copays<sup>1</sup>

Have consulted with a pharmacist about minor ailments<sup>2</sup>

45%

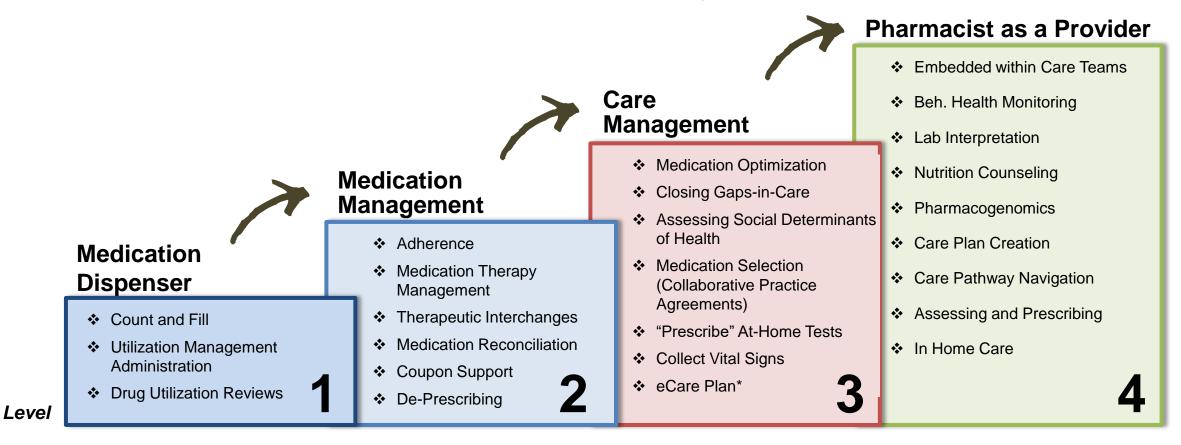
Higher satisfaction scores if use a pharmacy's mobile app

23 points

But only 20% use a pharmacy's mobile app<sup>3</sup>



Pharmacists practicing at the top of their license provides tremendous benefits to providers and patients...and payers



<sup>\*</sup> Pharmacist eCare Plan is an interoperability standard. More information at https://www.ecareplaninitiative.com/



## Immunizations by Pharmacists

- Pharmacies increase access to vaccines across the lifespan
- More than 400,000 pharmacists, student pharmacists, and 100,000 pharmacy technicians are trained to administer vaccines
- More than 60,000 pharmacies provide vaccinations

#### COVID-19 vaccine doses

- 300+ million in pharmacies
- More than half of all C19 in U.S.

From December 2020 – January 2023

https://www.pharmacist.com/Practice/COVID-19/The-Essential-Role-of-Pharmacy-in-Response-to-COVID-19/Infographic

#### RSV vaccine doses

- 9.7 million in pharmacies
- 0.3 million in medical offices

From Aug 2023 – March 2024

https://www.cdc.gov/vaccines/imz-managers/coverage/rsvvaxview/adult-vaccinations-administered.html



## Essential Services: Quantifying the contributions of America's pharmacists in COVID-19 clinical interventions

- 270 million COVID-19 vaccinations given by community pharmacists, Dec 2020–Sep 2022
- 45% of COVID-19 vaccinations given by community pharmacists, Dec 2020–Sep 2022
- >50% of COVD-19 vaccinations overall given in pharmacist-led programs, Dec 2020—Sep 2022
- 8.1 million COVID-19 vaccinations by pharmacists at long-term care facilities, Dec 2020–Apr 2021
- 2/3 drop in COVID-19 deaths among LTC residents, Dec 2020-Feb 2021
- 1.3 million vaccinations by student pharmacists, "Operation Immunization," Dec 2020–Jun 2021
- 42 million patient specimens tested by pharmacists for COVID-19, Apr 2020–Jun 2022
- >100,000 COVID-19 monoclonal antibody treatments provided by pharmacists, Nov 2020–Sep 2022





# Optimizing Patient Outcomes: Health Plans and Pharmacists Summit

To convene a group of experts to define the value pharmacists provide to health plans, barriers to covering pharmacists' patient care services, and scalable solutions to cover pharmacists' services, specifically in the medical benefit.

- Held May 2022
- Convened 31 experts (physicians, pharmacists from health plans, and practicing pharmacists)
- Meeting proceedings available from JAPhA: <a href="https://doi.org/10.1016/j.japh.2023.06.019">https://doi.org/10.1016/j.japh.2023.06.019</a>





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Optimizing patient outcomes: Health plans and pharmacists

summit: Meeting proceedings

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ARTICLEINFO

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Objective: To convene a group of experts to define the value plusmacists provide to health ABSTRACT

Objective: To convene a group of experts to define the value pharmacists provide to realth plans, barriers to covering pharmacists patient care services, and scalable solutions to cover pharmacusts services, specifically in the medical penent.

Methods: The American Pharmadsis Association (APIA) convened 31 experts, including Methods: The American Pharmacists Association (APNA) convened 31 experts, including physicians and pharmacists representing health plans (HPs) and pharmacist practitioners (PP) physicians and pharmacists representing health plans (HPs) and pharmacist practitioners (HP) or organizations representing PPs for a strategic summit on May 16 to May 17, 2022, in or organizations representing FPs for a strategic summit on May 16 to May 17, 2012, 18
Washington DC and Arlington VA. A presummit survey was conducted to identify participants. Wastington DC and Arlington, VA. A presummit survey was conducted to identify participants' perspectives on the value proposition of pharmacists and barriers to coverage for services. Day perspectives on the value proposition of plasmacists and barriers to coverage for services. Day 1 of the summit featured a keynote presentation focused on the future of pharmacist-provided 1 of the summit reatured a keynote presentation focused on the future of pharmacist-provided are. The second day included a framing session on the current state of coverage for pharmacist-provided are the second day included a framing session on the current state of coverage for pharmacist-provided are the second day included a framing session on the current state of coverage for pharmacist-provided are the second day included a framing session on the current state of coverage for pharmacist-provided are the second day included a framing session on the current state of coverage for pharmacist-provided are the second day included a framing session on the future of pharmacist-provided are the second day included a framing session on the second day included a framing session of the second day included a framing session of the second day included a framing session day i care. The second day included a framing session on the current state of coverage for plant madds? services and the results of the presummit survey; four panel presentations on madsty services and the results of the presummit survey; four panel presentations on imposative HP program coverage; three breakout sessions to gather participant feedback on innovative HP program coverage, three breakout sessions to gather participant teedback on their experiences; and a final session prioritizing action items into an initial timeline of goals. their experiences; and a final session prioritizing action items into an initial timeline of goals.

A possummit survey was fielded to rank feasibility and importance of opportunities and rest

Neps an advancing coverage or paramacists services.

Result in general, there appeared to be consensus throughout the summit on the need to RESILT IN general, there appeared to be consensus throughout the summit on the need to expand payer programs covering patient care services provided by pharmacists and the immortance of experienced contributions between the contribution of the co expand payer programs covering patient care services provided by pharmacosts and the importance of continued collaboration between 195 and 195 to increase patient access to care. importance of continued collaboration between PPs and PPs to increase patient access to care.

Participants highlighted a need for legislative and regulatory changes at the state and federal Participants highlighted a need for legislative and regulatory changes at the state and sederal level for the expansion of some programs; however, there were many opportunities to expand

programs without the need for public policy changes.

Conclusion: The summit was a groundbreaking meeting between PPs and HPs that provided Condusion: The summit was a groundbreaking meeting between PPs and HFs that provided the foundation for collaboration and expansion of programs covering pharmacists' patient care. the foundation for collaboration and expansion of programs covering pharmacists' patient care services under the medical benefit. Key takeaways from the summit focused on the need for services under the medical benefit. Key takeaways from the summit focused on one need for scaling programs; establishing mutually beneficial programs for patients, pps, and 49s; and scaling programs; establishing musually beneficial programs for patients, 47%, and 1875; and 187

ond expand.

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Financial coverage for pharmacists' time and expertise in the delivery of patient care services is critical for the creation the derivery or patient care services is trickarior the treatment of scalable, sustainable services profession-wide that meet patients' health and wellness needs. While pharmacists are

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From the product or production in the resulting communication of most for complete contents. Funding: This meeting and the manuscript did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

\*\*Commercial Sectors\*\*: from funding agencies in the public, commercial, or not-for-pront sectors.

• Correspondence E. Michael Murphy, Pharmol, MRA American Pharmaters a provision 7315 (Provisionation Summer May Valuebuleton For 20037 Correspondence, E. M. Chad. Mirphy, Pharms, MRA. American Pharm. data Association, 2215 Constitution, Nucl.ine, NW, Washington, DC 20037.

ins Association, 2213 Construints Archive, revy, washings, E-mail address: menunphysiaphanet.org (EM, Marphy).

well-positioned in knowledge, expertise, and accessibility to wen-positioned in knowledge, expertise, and accessioning to address increasing barriers and disparities for patients to obtain optimal health care, the ability for pharmacists to meet this need is hindered by the widespread lack of coverage for

Common financial models for pharmacists' patient care services include fee-for-service (FFS) payment from a variety of payers, value-based payments, blended FIS/value-based payments, direct contracting with an employer, and patient payments, unext contracting want on employer, and posterior self-pay. Depending on how payers recognize their providers, seri-pay, Depending on now payers recognize their provides, having the phill directly for their services or in the case pharmacials enther onlicin early for their services of at the case of Medicare Part B and some other payers, a physician or other ©2024 American Pharmacists Association. All rights reserved





### Lack of Coverage for Pharmacist Services

Pharmacist-provided services are *intermittently* included as a covered benefit for patients

Limited access to services

Underutilization of pharmacists' skills

Fragmented care

Reduced medication adherence

Increased healthcare costs

Missed opportunities for patient care initiatives



### Value Proposition for Pharmacists' Services

#### Effectiveness

- Meeting metrics (e.g., Medicare Stars, Medicaid)
- Costs (site of care, medications, health savings)

#### Equity

- Access to care
- Address social determinants of health

#### Experience

- Training and expertise
- Evidence for outcomes of services





# Payment Journey for Pharmacists' Patient Care Services

#### Payers

- Medicaid programs
- Commercial payer requirements
- Commercial contracts and grants (various)

#### Payment models

- Fee for service
- Value-based arrangements

#### Return on investment

- Decreased health care costs
- Improved control of chronic conditions (e.g. diabetes, hypertension, asthma)
- Decreased missed or nonproductive workdays
- Average ROI \$4:\$1 for pharmacists' services

#### Medicare.gov

The Official U.S. Government Site for Medicare

Lack of recognition of pharmacists' services for payment in Medicare Part B is a significant barrier to broader uptake in other payer markets.

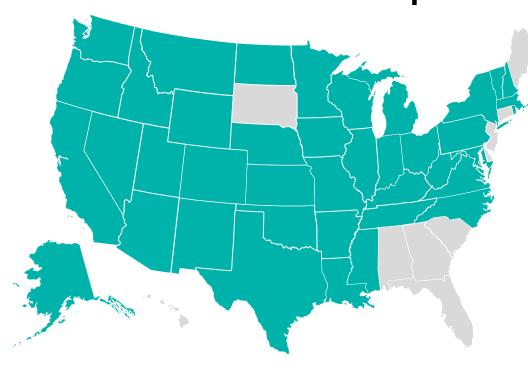
 Pharmacy profession advocacy efforts to gain recognition



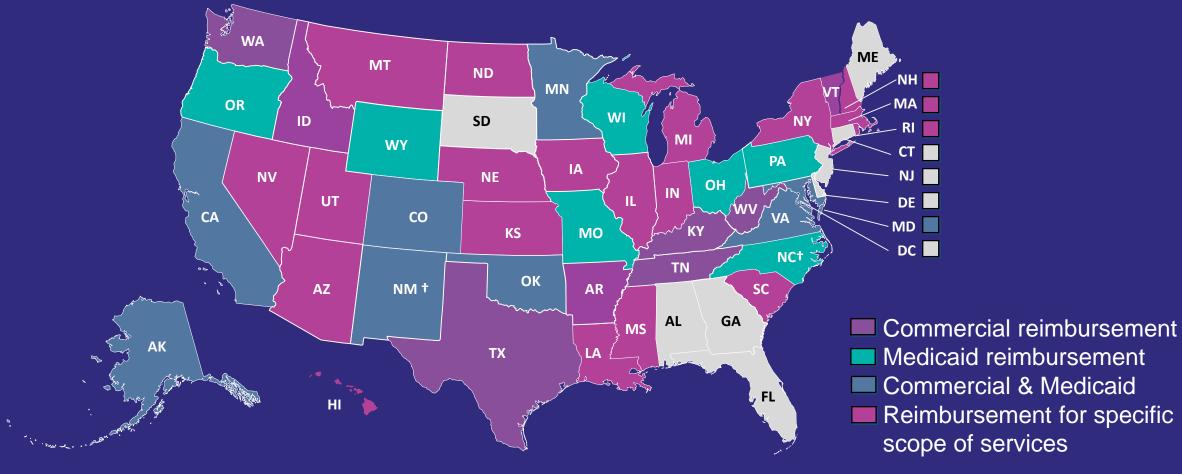
# Trends in Payment for Pharmacists' Services in the States

- Payment for services under Medicaid and commercial health plans
  - State medical assistance programs submitting state plan amendments to add pharmacists as other licensed practitioners
- Integrating pharmacists into established models in the medical benefit
  - CMS 1500 claim form
  - Billing HCPCS codes: Commonly 99202-99205 & 99211-99215
- Variability in scope of reimbursable services

States where at least one service is being covered by Medicaid or a commercial plan

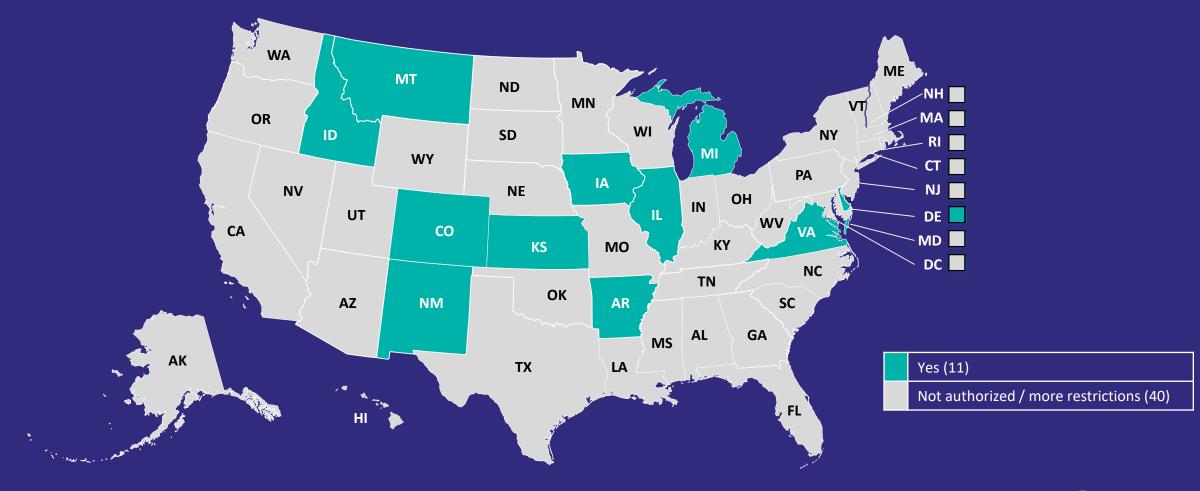


# Payment for Pharmacists' Services in the States\*



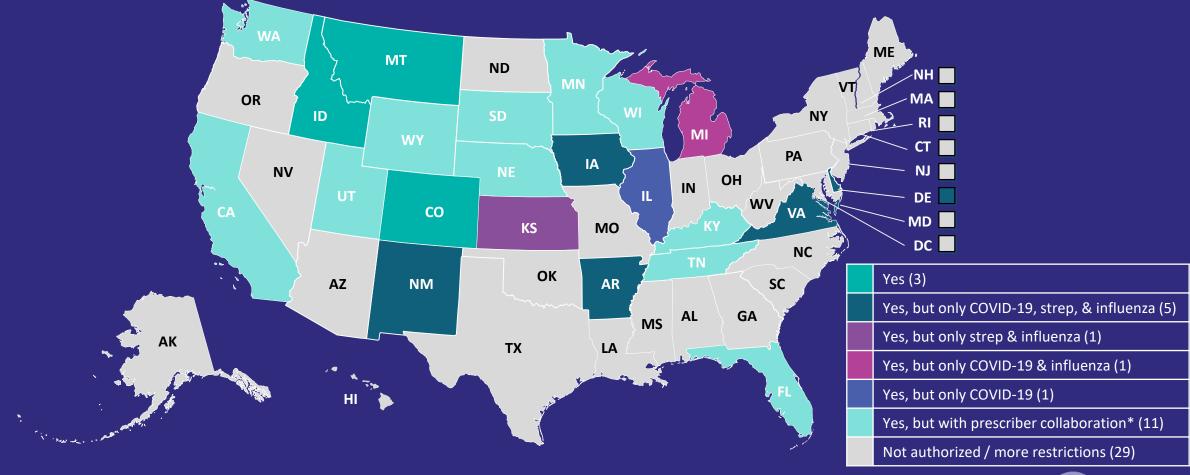


## Can pharmacists test and treat for minor ailments via prescriptive authority or statewide protocol?



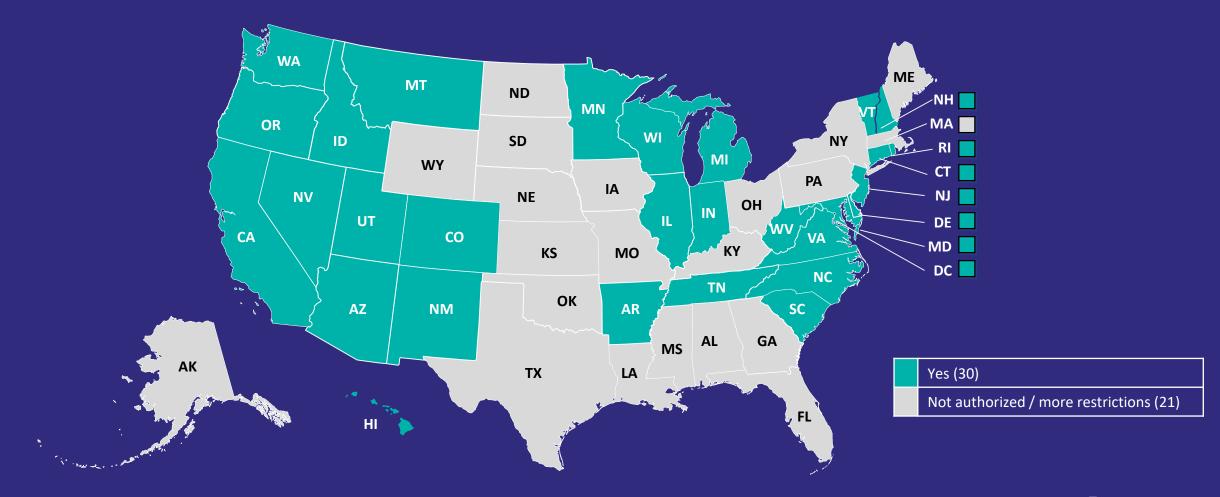


# Can pharmacists test and treat for COVID-19, influenza, respiratory syncytial virus, or streptococcal pharyngitis via prescriptive authority, statewide protocol, or other means?\*



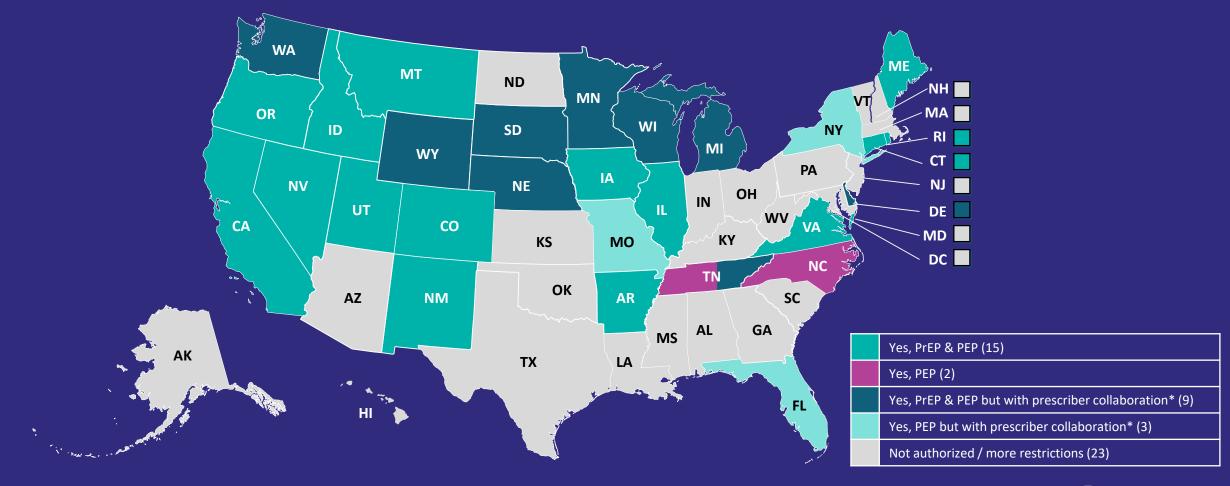


## Can pharmacists furnish hormonal contraceptives via prescriptive authority, statewide protocol, or other means?



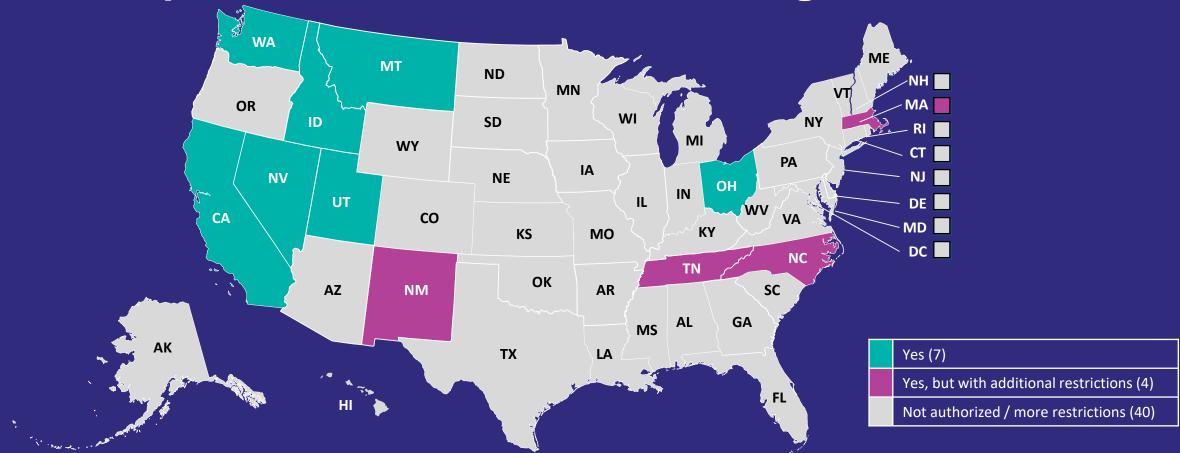


## Can pharmacists furnish HIV PrEP/PEP via prescriptive authority, statewide protocol, or other means?



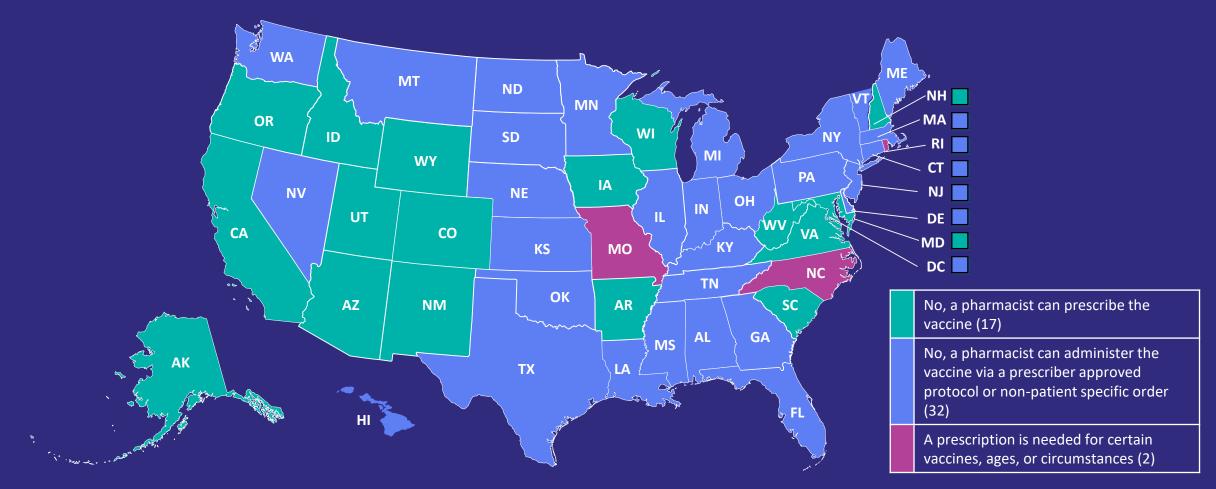


# Can pharmacists furnish medications for opioid use disorder (MOUD) via prescriptive authority, statewide protocol, or collaborative arrangement?





## Does a patient need a prescription for a pharmacist to administer a vaccine on the adult immunization schedule?







# Great Britain's Pharmacy First Initiative

#### Accessing Pharmacy First services

The following table shows the 7 conditions pharmacists can manage across various age ranges.

Clinical pathway	Age range
Acute otitis media*	1 to 17 years
Impetigo	1 year and over
Infected insect bites	1 year and over
Shingles	18 years and over
Sinusitis	12 years and over
Sore throat	5 years and over
Uncomplicated urinary tract infections	Women 16-64 years

#### The benefits of Pharmacy First

In May 2023, NHS England and the Department of Health and Social Care announced a <u>Delivery plan for</u> recovering access to <u>primary care</u>. Part of the plan includes enabling patients to get certain prescription medications directly from a pharmacy, without a GP appointment.

This new service is expected to free up GP appointments for patients who need them most and will give people quicker and more convenient access to safe and high quality healthcare. It includes the supply of appropriate medicines for 7 common conditions including earache, sore throat, and urinary tract infections, aiming to address health issues before they get worse.

Currently, NHS patients in England must visit their GP to access prescription only medication, meaning repeated GP visits and delays in treatment.

Community pharmacies offer a more convenient way to access healthcare that includes support with healthy eating, exercise, stopping smoking, monitoring your blood pressure, contraception, flu and covid vaccinations.

The <u>public perceptions of community pharmacy survey</u> found that over 90% of patients who sought guidance from a community pharmacy within the past year reported receiving good advice.

The government and NHS England are committed to ensuring patients receive the right treatment at the right time. The NHS Long Term Plan highlights the need to make greater use of community pharmacists' skills and opportunities to engage patients. This is why we have launched a new Pharmacy First service.

https://www.england.nhs.uk/primary-care/pharmacy/pharmacy-services/pharmacy-first/



# Learnings from Nova Scotia's Primary Care Initiative

Community Pharmacy Primary Care Clinics: Interim Learning and Evaluation Report

Prepared for: Pharmacy Association of Nova Scotia
Author: Clare Levin, Richard Buote, Liam Dunbar (Research Power Inc.)



Condensed version November 19, 2023



## Key Policy Recommendations

- Interoperability and connectedness (bi-directional) of healthcare systems, including EMRs to pharmacy systems
- Ensure pharmacists are credentialed for billing of existing managed care plans.
- Move to a "Standard of Care" model for state laws and regulations governing healthcare providers, including pharmacists.
- Ensure health insurance regulations include pharmacists as healthcare providers.
- Submit state Medicaid plan amendments for coverage.



Thank you!