

Mission: Healing America's Communities Mental Health in America

Tyler Norris, MDiv, Chief Executive,
Institute for Mental Health and Wellness





Providence Health & Services

MISSION

As people of Providence, we reveal God's love for all, especially the poor and vulnerable, through our compassionate service.



St. Joseph Health

MISSION

To extend the healing ministry of Jesus in the tradition of the Sisters of St. Joseph of Orange by continually improving the health and quality of life of people in the communities we serve.

VALUES

- Respect
- Compassion
- Justice
- Excellence
- Stewardship

VISION

Simplify health for everyone

VALUES

- Dignity
- Service
- Excellence
- Justice

VISION

We bring people together to provide compassionate care, promote health improvement and create healthy communities.



CHARTING THE COURSE FOR
OUR NEW MINISTRY





THE COMMUNITIES WE
SERVE



**Providence
Health & Services**

Alaska



Providence Health & Services
Western Washington, including
Swedish Health Services and
Pacific Medical Centers



Providence Health & Services
Eastern Washington/Western Montana,
including Kadlec Regional Medical Center

**Providence
Health & Services**
Oregon
Providence Health Plan

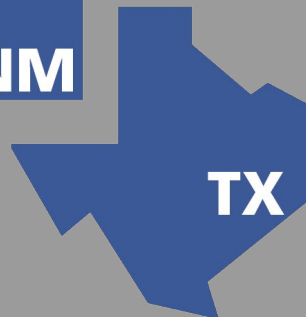


St. Joseph Health
Northern California (Humboldt,
Napa, Sonoma Counties)
including St. Joseph Heritage
Healthcare

Providence Health & Services
Southern California (Los Angeles
County), including
Fanny Medical Foundation



St. Joseph Health
West Texas/Eastern New
Mexico, including
Covenant Health and
Covenant Medical Group
FirstCare Health Plans



St. Joseph Health
Southern California (Orange and San
Bernardino Counties) including
Hoag and St. Joseph Heritage
Healthcare

A tremendous need...

1 in 5 adults in America experiences a mental illness

Depression is the **leading cause of disability** worldwide.

About **10.2 million adults** have co-occurring mental health and addiction disorders.

26% of homeless adults live with serious mental illness.

60% of adults with mental illness did not receive mental services in the past year.

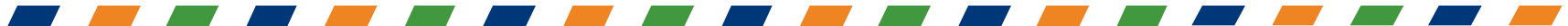


22 veterans commit suicide each day.

90% of those who die by suicide have an **underlying mental illness**.

50% of all chronic mental illness begins by the **age of 14**.

57% of adults without mental illness symptoms believe people are caring and sympathetic to it. **Only 25% of adults with mental illness agree.**



Complex, nation-wide challenges...

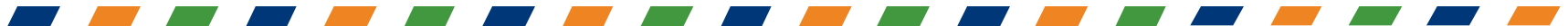
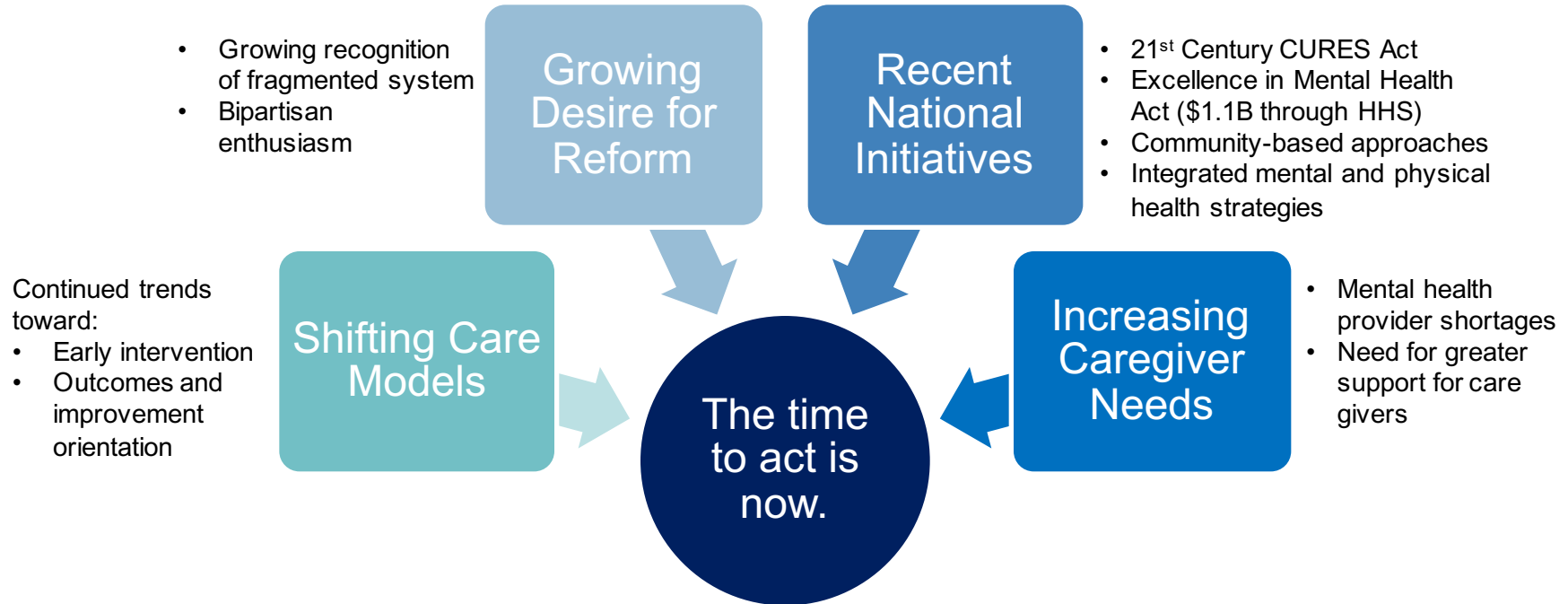
Community voices:

The most critical mental health concerns identified by recent data collection activity include the following:

- Access challenges
- Stigma
- Mental and physical care lack integration
- Inadequate children's services and community partnerships
- The need for new treatments and prevention strategies



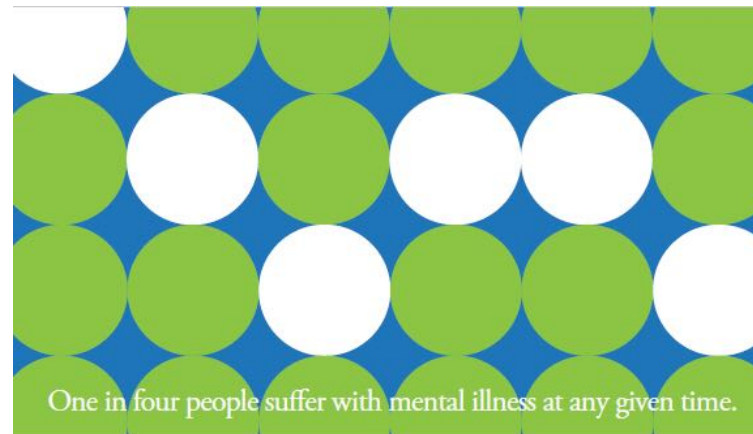
And a tremendous opportunity



PSJH called to address the challenge

We are compelled to address the challenge due to:

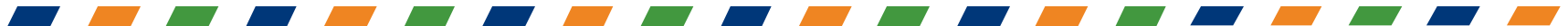
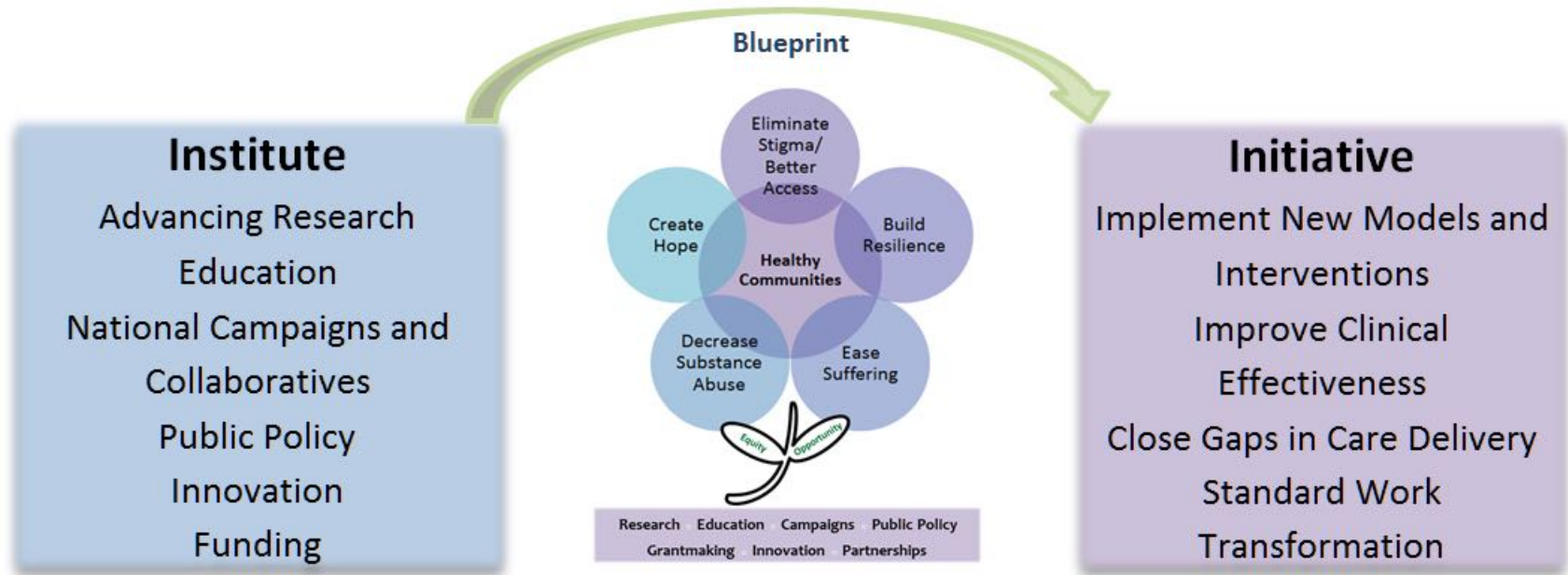
- Our faith-based and secular heritage with one aligned mission
- Significant mental health needs in the communities we serve
- The importance we place on caring for our own caregivers
- Our growing scale and ability to tackle significant challenges
- Alignment with our strategic priorities



Opportunity



Strategic Alignment

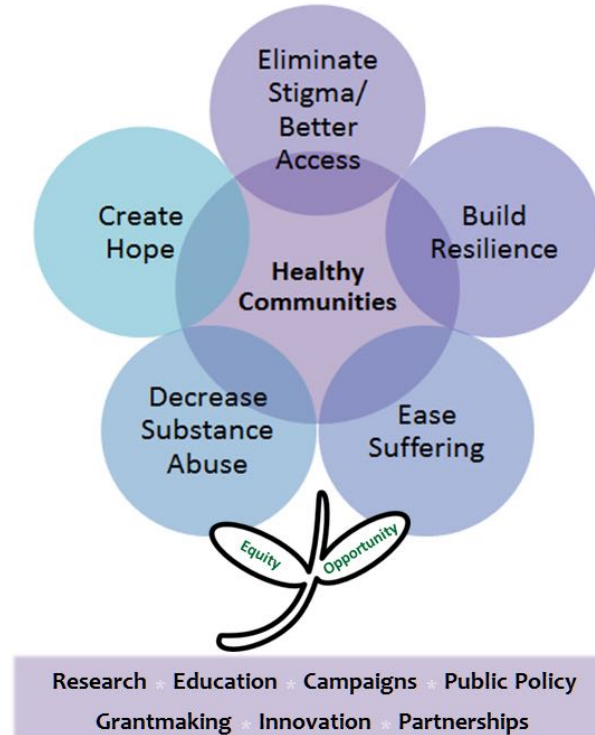


Bigger than any one organization

There is a need to engage disparate groups and make broader connections across communities to address the opportunity at hand



Strategic Foci



Healthy Communities

*Facilitate social connectedness,
equity and community engagement*

- Invest in the determinants of mental and emotional well being, resilience, and flourishing
- Take a lifespan approach from healthy beginnings to a dignified end of life
- Rooted in community aspirations, assets, and accountability
- It starts with each of us, where we live, learn, work, play and worship



Conclude

- Mental health and wellness must be addressed holistically across our nation, and the time to act is now
- We lead from where we serve ...
- Where are their opportunities for collaboration?

