

US News & Rankings World Report 2018: Best Children's Hospitals

This week, the US News & Rankings released the top 10 children's hospitals in the country along with the best hospitals according to specialties. The top 10 hospitals are:

1. Boston Children's Hospital (Boston, MA)
2. Cincinnati Children's Hospital Medical Center (Cincinnati, OH)
3. Children's Hospital of Philadelphia (Philadelphia, PA)
4. Texas Children's Hospital (Houston, TX)
5. Children's National Medical Center (Washington, DC)
6. Children's Hospital Los Angeles (Los Angeles, CA)
7. Nationwide Children's Hospital (Columbus, OH)
8. Johns Hopkins Children's Center (Baltimore, MD)
9. Children Hospital Colorado (Aurora, CO)
10. Ann and Robert H. Lurie Children's Hospital of Chicago (Chicago, IL)



Newsbytes Relevant to Our Strategic Priorities: Mental Health Edition



To bring focus to our work, the Institute for Health Policy and Leadership has identified three strategic priorities: oral health, mental health and hunger as a health issue. This week, this special segment will highlight news articles relevant to one of our priorities: mental health.

Mental Health: Immigrant Children

Stress related to separation induces long-term mental and physical health problems in children— The zero-tolerance policy led to more than 2,000 children being separated from their parents at the US-Mexico border last week. Physicians, scientists, and healthcare workers decried the actions of the government which they said causes harm such as immune problems that can result in long-term chronic health problems while also putting the children at risk for disease outbreaks. While the policy was amended to stop the separation, it remains unclear how the children will be reunited.

Mental Health: Police Killings

Police killings of unarmed black men negatively affect the mental health of black communities according to a new study published in *The Lancet*— The authors deemed these killings a public health issue. After adjusting for national representation, the researchers found that 49 percent of African Americans were exposed to police killings of unarmed black men which induce trauma in African American communities. These events were correlated with nearly 2 more poor mental health days per person every year. These effects were not present in events where police killed an armed black individual.

Mental Health: Alzheimer's Disease

Researchers at Mt. Sinai and Arizona State University find a possible link between the herpes virus and Alzheimer's— The causes of Alzheimer's remain unknown, but a team of scientists has found the possibility of a new relationship in which the herpes virus affects the behavior of the genes involved in Alzheimer's. There were also higher levels of the virus' genetic materials in Alzheimer patients.